



COACH VAL



EXPERIENCE

COACHING STYLE:

- ★ High Energy
- ★ Growth Mindset
- ★ Empowering Learning Environment
- ★ Share knowledge & tips/strategy tailored to each player
- ★ FUN! 😊

You are a REALLY good coach!

- CCRC Member/Board President
Jen Newens

Val's enthusiasm for tennis is contagious! I witnessed this firsthand in a clinic she organized. The clinic was fun, fast-paced, competitive, and challenging. Val kept it moving like a fine-tuned machine. She was upbeat, encouraging, attentive, and shared in the toil. Val always had a smile and a knowing laugh to the ongoing task of improving one's game. Val shows up with her can-do attitude and shares her time and energy warmly. Thank you, Val, for your positive attitude and all you contribute to us at Chabot.

~ CCRC Member Sherry Benninger

- Coach for Adult & Youth Beginner, Intermediate, & Advanced group classes, Adult NTRP (3.5 +) and Youth Competition Training at Lifetime Activities Pleasanton
- CCRC membership director & coach: facilitate club events, activities, clinics, live ball, private lessons, and drop-in tennis
- Captain, USTA Northern California 8.5 & 4.0 women's league tennis teams and 8.0 mixed teams
- Volunteer, USTA NorCal, Mubadala Silicon Valley Classic
- Volunteer, Berkeley Tennis Club Challenge, USTA Pro Circuit
- Volunteer, BNP Paribas Open, Indian Wells Tennis Garden
- Intramural team captain, University of Arizona
- Youth tennis instructor, Ahwatukee Tennis Club
- Youth tennis Instructor, Camp Hayward, Cape Cod, MA
- DIII college player for University of Rochester Yellowjackets
- Ball person, Men's ATP Challenger Tour, Binghamton, NY

- Dynamic and dedicated coach empowering leaders of all ages to show up for their brightest selves on and off the court
- 10 + years of world-class leadership development, facilitation, and program design training from the Center for Creative Leadership (CCL®), a top-ranked global executive education provider

Val, thanks for your amazing support and for organizing so many practice sessions... you are the heart of the club and having you there makes a big difference!

~ CCRC Member Marc Rouda



336.491.0372



val@valswan.com



www.valswan.com