

# Chabot Summer Adult Program

Session 1 (six weeks)  
MAY 16<sup>th</sup> – JUNE 26<sup>th</sup>

## Doubles Evolution – Develop with your Partner

Costs = \$150/player (6 sessions)

**LEVEL**  
4.0

**Day/time(1 hour)**  
SATURDAY 9:00am

**CLASS SIZE**  
Limit: 3 teams

**PRO**  
WENDELL

Designed to help you improve how you and your steady partner play doubles together. We will go into great detail on positioning, creating strategic patterns, and how to play best within your skill set and with your partner's style. If you need a partner I can find you one. This clinic has 3 different offerings depending on your level, and it's open to mixed doubles too. Class size is best with 2 pairs of players.

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## Stroke Production and Movement (Workout):

Costs = \$140/player (6 sessions)

**LEVEL**  
3.0-3.5

**Day/time(1 hour)**  
SATURDAY 10AM

**CLASS SIZE**  
Limit 4 players

**PRO**  
WENDELL

This clinic is all about hitting and moving. The class size has been limited to 3 to keep the players active throughout the entire hour. It will be based on hitting patterns that occur in match play and will focus on how to change direction along with when to do so. This offering will cover some technique, but is not intended to be a lesson. Instead, it will help player use what they already have the best way possible for positive results. We also offer a substitute position for those interested but not able to attend all 6 clinics.

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## Singles Strategies:

Costs = \$140/player (6 sessions)

**LEVEL**  
3.5

**Day/time(1 Hour)**  
TUESDAY 12PM

**CLASS SIZE**  
Limit 4 players

**PRO**  
STEVE

This program offering covers all the elements of singles play. We will begin with serve (creating a weapon and hitting your spots) along with return (where to return to and when to change direction) while also spending time on positioning, recovery and approaching the net. The small clinic size will allow us to get into playing situations that will help players recognize single patterns and how to take advantage of them. Singles play is not only a good workout, it is a great mental challenge as well. Singles player are also in great demand on our USTA Teams. We also offer a substitute position for those interested but not able to attend all 6 clinics.

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## Doubles Workshops:

Costs = \$150/player (6 sessions)

**LEVEL**  
3.0-3.5

**Day/time(1 Hour)**  
MONDAY 5PM

**CLASS SIZE**  
Limit 6 players

**PRO**  
STEVE

This class is specific to the game of doubles and will cover everything from technique to tactics, patterns to poaching, offense and defense. We will spend time on positioning as well as finishing. The basic goal is to apply your personal skill set the best way possible for different situations and to learn to adjust your play depending on your opponents. The clinic will consist of drills, situations and live play to help the player to develop and retain the new ideas and skill. This is a very popular class.

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